



### **Tennis and Pickleball COVID-19 Guidelines for Limited Play**

- Maximum number of 4 players per tennis court. Players must maintain a distance of at least 6 feet at all times. Maximum of 4 players on each “half” of the Pickleball area.
- Members only, no guests allowed.
- Players must wash hands with a disinfectant soap and water for 20 seconds or longer or use a hand sanitizer if soap and water are not readily available, before going to the court.
- Clean and wipe down your equipment, including racquets and water bottles. Do not share racquets or any other equipment such as wristbands, grips, hats and towels.
- Bring a full water bottle marked and placed in an area exclusive to you and 6 feet or more from another player’s items.
- Use new balls and a new grip, if possible.
- Consider taking extra precautions such as wearing gloves.
- If you need to sneeze or cough, do so into a tissue or upper sleeve.
- Arrive as close as possible to when you need to be there.
- Avoid touching court gates, fences, benches, etc.
- For doubles play, pair up with those living in the same household if possible. Maintain a 6 feet distance at all times with your partner.
- Do not make physical contact with anyone (such as shaking hands or a high five).
- Avoid touching your face after handling a ball, racquet or other equipment. Wash your hands promptly if you have touched your eyes, nose or mouth.
- Avoid sharing food, drinks or towels.
- Use your racquet/shoes to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- Stay on your side of court. **Avoid changing ends of the court.**
- If a ball from another court comes to you, send it back with a kick or with your racquet/paddle.
- Leave the court as soon as reasonably possible.
- Wash your hands thoroughly or use a hand sanitizer after coming off the court.
- No extra-curricular or social activity should take place. No congregation after playing.
- All players should leave the facility immediately after play.
- Tennis balls and pickleballs should be discarded after use. Do not leave balls or any other items on the court. If players should use their own marked ball for play, only they may take it home with them.
- When using tennis courts, one person should wear a glove to open the gate and allow the other players to enter, then close the gate after they arrive.